



Dr. Goodluck and wife, Laurie, and children, Kalen and Forrest

## Internal Medicine Top Doc: Kevin Goodluck, M.D.

Kasmen Presbyterian Medical Group Internal Medicine, 8300 Constitution NE, 291-2200, [www.phs.org](http://www.phs.org)

Sometimes referred to as a “doctor’s doctor,” internists—or doctors of internal medicine—keep their minds on preventing and treating diseases that affect adults. Kevin Goodluck, M.D., chose this field because most sub-specialties come from internal medicine. Plus, he says, he enjoys taking care of his patients, who all range from 13 years old to over 100. “In general, I suggest that a patient establish a relationship with a physician for life,” Goodluck says. As an internist, Goodluck—a native New Mexican whose Navajo clan is “The edge of the water people”—cares for complex and challenging medical patients the best he can. In New Mexico, says Goodluck, “There aren’t many primary care physicians and an even a smaller number are internal medicine physicians.”

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## Neurology Top Doc: Douglas W. Barrett, M.D.

Southwest Medical Associates, 6100 Pan American Freeway NE, 823-1010, [www.southwestmedicalassociates.com](http://www.southwestmedicalassociates.com)

For people not in the medical profession, holding a brain in their bare hands might seem a little nerve-racking. But for Douglas Barrett, M.D., knowing his way around the nervous system is what he does best. Specializing in the brain, spinal cord, and the eye, Barrett treats disorders such as Bell’s palsy, Amyotrophic Lateral Sclerosis (Lou Gehrig’s disease), cerebral palsy, epilepsy, migraines, multiple sclerosis, Parkinson’s, strokes, and more. “My specialty allows me to meet and treat a broad cross section of the community ranging from newborns to the elderly,” says Barrett, who also enjoys the intellectual stimulation that comes with every problem, question, and clinical concern. Keep your nervous system healthy with regular exercise, and if there’s ever a neurological concern, check in with your primary care giver.



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